WHAT IS CLAIMED IS:

1. A method for lowering the concentration of hexa-valent chromium in a liquid sample comprising:

contacting a ferrous-form zeolite with a liquid sample having a first level of hexavalent chromium to remove all or part of said hexa-valent chromium, wherein the liquid sample has a second level of hexa-valent chromium after discharge from the ferrous-form zeolite.

- 2. The method of claim 1 wherein said contacting is under non-oxidizing conditions.
- 3. The method of claim 1 further comprising pre-treating said liquid sample prior to contact with the ferrous-form zeolite to reduce the level of oxygen in the sample.
- 4. The method of claim 1 wherein the ferrous-form zeolite is generated having at least 1 meq ferrous ion per gram of zeolite.
- 5. An adsorption column for the removal of Cr⁺⁶ from an aqueous medium, the adsorption column comprising:

ferrous-form zeolite for adsorbing Cr⁺⁶ from an aqueous medium; and a housing for retaining the ferrous-form zeolite;

wherein the aqueous medium is contacted with the ferrous-form zeolite to adsorb the Cr^{+6} in the aqueous medium with the ferrous-form zeolite.

- 6. The adsorption column of claim 5 wherein the zeolite is ferrous-form zeolite comprises at least 0.5 meg ferrous ion per gram of zeolite.
- 7. The adsorption column of claim 5 wherein the housing is an open-ended column for continuous flow chromatography.
- 8. The adsorption column of claim 5 further comprising a blanket of inert gas constrained within the housing that covers the ferrous-form zeolite.
- A system for removing chromium form a target medium, the system comprising:
 a de-airing station for removal of air from the target medium;

a chromium adsorption column for removal of chromium from the target medium; and a re-airing station for addition of air to the target medium after chromium has been removed from the target medium;

wherein the target medium is moved from the de-airing station to the chromium adsorption column to the re-airing station.

- 10. The system of claim 9 wherein the chromium adsorption column is composed of ferrous-form zeolite.
- 11. The system of claim 10 wherein the chromium adsorption column is a series of connected columns for housing the ferrous-form zeolite.
- 12. The system of claim 10 wherein the ferrous-form zeolite has approximately 0.5 to 2.0 meq ferrous iron/g.
- 13. Ferrous-form zeolite for the removal of chromium from an aqueous medium.
- 14. The ferrous-form zeolite of claim 13 wherein the ferrous is loaded from about 0.5 to about 2.0 meq ferrous iron/gram.